

Caregiver Information & Assistance Program

Who we help?

Caregivers taking care of an older adult age 60 year or older is who I help the most Caregivers can be of any age and usually are family or friends of the older adult. We also help Grandparents Raising Grandchildren 55 years of age or older.

- ◆ Example- daughter quit her job in order to take care of mother as her full time caregiver due to mother's dementia and recent hospitalization for a fall. The daughter wants to know about getting some help in the home.
- ◆ Example- Son who lives at father's home thinks his sister who is POA inappropriately placed his father in a nursing home. The son provides the direct care assistance but sister pays all the bills.
- ◆ Grandmother had taken care of her grandchildren full time for her daughter until the daughter got in a fight with her and now no longer allows the grandmother to visit her grandchild.

What kind of help do we offer caregivers or Grandparents?

We take phone calls from caregivers and do over the phone assessments of the caregivers level of stress, isolation, established strengths, medical history, presenting issues, social supports, financial needs and housing needs. We offer referrals to the Community Care Providers: ACM, Mature Solutions, Community Care Systems, Inc., geriatric case managers, Central Illinois Agency on Aging (CIAA) programs as needed and a number of other service agencies. Along with over the phone assessments and referrals we offer caregiver education at different locations around the six county service area to help increase awareness of CIAA services and help caregivers increase their knowledge base about caregiving skills.

We also offer respite care for caregivers when during the course of our initial phone assessment we find that a break for the caregiver is needed or requested. Once we find that respite care would be of help to the caregiver we administer an over the phone caregiver respite assessment. This assessment looks at the degree of stress the caregiver is under and the degree of difficulty experienced by the care recipient to determine respite eligibility. Bradley University Counselors also administer an over the phone stress test for caregivers to help determine the caregivers level of need for respite.



The amount of respite monies available for eligible caregivers is \$500 per year. These monies are distributed quarterly in \$125 increments to help Caregivers have the opportunity for a break throughout the year. In addition caregivers are reassessed for respite every 90 days and asked for a one time donation towards respite.

Grandparents

Raising

Grandchildren

GRG respite involves helping children access daycare, after school or summer time supervised activities in order for grandparents to have a break from their direct care duties.



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Serving in Fulton, Marshall, Peoria, Stark, Tazewell and Woodford Counties

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For information, call 1-800-252-8966 (Voice & TDD), or

Keith Rider, President/CEO

Central Illinois Agency on Aging, Inc.

Who are the respite providers that we use?

Three licensed home health/home nursing companies

- ◆ Home Health Plus Services, Inc. - Pekin,
- ◆ Spoon River Home Health Services - Farmington
- ◆ Western Illinois Managed Home Services - Galesburg
- ◆ Bird in the Hand Healthcare Staffing –Eureka
- ◆ Care Solutions—Morton

Adult Day Health Care facility

- ◆ Senior World - Peoria

Overnight Respite Facilities

- ◆ Toulon Rehab & Healthcare Center - Toulon
- ◆ Grandview Alzheimer's Special Care Center-Peoria
- ◆ Reflections A Memory Care Residence-Washington
- ◆ Bickford Assisted Living-Peoria
- ◆ Country Comfort Retirement Homes-Henry
- ◆ Farmington Country Manor –Farmington

