

# Caregiver Websites

## **Respite** Ideas for Caregiver to get a break

Central Illinois Agency on Aging, Inc.

[www.ciaoa.net](http://www.ciaoa.net)

The National Respite and Resource Center

[www.archrespice.org/](http://www.archrespice.org/)

PBS The Caregiver's Handbook

[www.pbs.org/caringforyourparents](http://www.pbs.org/caringforyourparents)

Illinois Department on Aging

[www.state.il.us/aging/](http://www.state.il.us/aging/)

The Illinois Respite Coalition

<http://www.illinoisrespicecoalition.org/home.html>

## **Caregivers Looking for Benefits**

Benefits Check Up - the National Council on Aging

[www.benefitscheckup.org](http://www.benefitscheckup.org)

CMS: Centers for Medicare and Medicaid Services

[www.cms.hhs.gov](http://www.cms.hhs.gov)

# Caregiver Websites Continued...

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## **Caregivers Looking for Benefits Continued**

Illinois Home Weatherization Assistance Project

[www.weatherizationillinois.com/](http://www.weatherizationillinois.com/)

Social Security Administration

[www.ssa.gov](http://www.ssa.gov)

## **Caregivers Looking for Practical Help for Caregiving**

AARP Caregiver Site

<http://www.aarp.org/home-family/caregiving/>

Administration on Aging

[www.aoa.dhhs.gov](http://www.aoa.dhhs.gov)

American Cancer Society

[www.cancer.org](http://www.cancer.org)

Illinois Assistive Technology Project (assistive devices)

[www.iltech.org](http://www.iltech.org)

Illinois Department of Healthcare and Family Services

<https://www.illinois.gov/hfs/Pages/default.aspx>

Medicare Information for Caregivers

<https://www.medicare.gov/forms-help-and-resources/>

# Caregiver Websites Continued...

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## **Caregivers Looking for Practical Help for Caregiving**

Heart of Illinois 211 (Advanced Medical Transport and United Way)

<http://www.211hoi.org/>

Alzheimer Caregiver Support Online

[www.alz.org/we\\_can\\_help\\_caresource.asp](http://www.alz.org/we_can_help_caresource.asp)

Eldercare Locator

[www.eldercare.gov](http://www.eldercare.gov)

The Center for Prevention of Abuse

[www.centerforpreventionofabuse.org](http://www.centerforpreventionofabuse.org)

Long Term Care Options

<https://longtermcare.acl.gov/>

Lotsa Helping Hands-Create a Community

<http://lotsahelpinghands.com/>

# Caregiver Websites Continued...

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## **Caregivers Looking for Practical Help Continued**

National Alliance for Caregiving

[www.caregiving.org](http://www.caregiving.org)

Illinois Alzheimers Organization

[www.alzheimers-illinois.org](http://www.alzheimers-illinois.org)

Bradley University Counseling and Research

[www.bradley.edu/sites/caregiver/](http://www.bradley.edu/sites/caregiver/)

## **Caregivers and Legal Questions**

Prairie State Legal Services

<http://www.pslegal.org/>

Elder Law Answers

[www.elderlawanswers.com/Default.aspx](http://www.elderlawanswers.com/Default.aspx)

One person caring about another  
represents  
life's greatest value

~ Jim Rohn